



Weekly Booster

CHURCH STAFF

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Sunday Facebook Host

Craig Harris,

Facebook Contributors

Pastor David B. Clark,
Barb Cunningham,
Craig Harris, Jeff Hiser

Sunday Praise Team

Terry Stafford, Linda Haldane,
Margaret Brady, Deb Finlay,
Jeff Hiser, Jodi Anderzhon



One day in the late Spring they came to his cell in the Mamertine Prison in Rome and opened the door. His executioners led him out of the city on the Ostian Road.

As they were walking out, other travelers would have been walking into Rome. They would have paid him little attention. No one would have recognized his face. No one would have known about his crime. He was just another prisoner, just another “dead man walking.”

After traveling a few miles out, the executioners would have stopped. A block would be laid down. His head would be placed upon it. A sword would be raised. And in an instant, the head of the most influential writer of all times would roll upon the ground.

Paul had known his share of suffering, but he did not shrink back from his calling. If we could look closer, we would see how scars spread across his back like a windshield crack and how wounds stiffened his joints. His account of his hardships included floggings, lashings, beatings with rods, pelting with stones, shipwrecks, dangers from rivers and bandits and Jews and Gentiles, and danger in the city and the country, danger at sea and from false believers. He knew hard labor, lack of sleep, hunger, thirst, cold, and nakedness (2 Cor. 11:23-29).

It's a wonder that he could move at all but move he did. From Corinth to Ephesus, from Thessalonica to Colossae, he left his footprints all over the known world of his day. His visits to these cities were not for

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“God may be answering someone else’s prayers through you.”

“When the trumpet sounds, will you blow it?”

Reminders

August 27th

Men’s Bible Study – 8:00 a.m.

August 28th

Blessing of the Backpacks

Methodist Men’s Breakfast
8:00 a.m. All men welcome!

August 31st

Praise Team - 5:00 p.m.
No choir until September 7th

September 1st

T.O.P.S. – 5:30 p.m.

September 2nd

5th Quarter

After the football game until 11:00

September 7th

Choir Resumes – 6:45 p.m.

September 11th

Sunday School begins – all ages

****Worship Assistants are needed for September**

**** Fellowship Volunteers needed sign-up in Fellowship Hall**

Hanging On - Continued from page 1

sightseeing. He worked. Long days of preaching and establishing churches.

When he wasn’t walking, he was writing. He wrote letters to the church in Rome and Corinth and Galatia and Ephesus. He wrote to Titus, and he wrote to Timothy. Letters that continue to bless. God’s grace turned his world upside down and his life was spent telling others about it. Until that day on the Ostian Road, when he drew his last breath.

When you face struggles because of your faith, remember Paul. He anchored himself to a purpose that was higher and greater than his life. There are many fights you can fight, but Paul trained himself for the “good fight” (2 Timothy 4:6-8).

His fight did not end at death. His writings have encouraged, exhorted, and educated followers of Christ till today and for all the tomorrow to come. He gave himself totally to eternal things.

So can you. Fight the good fight. And like Paul, finish the race well.

Adapted from the article about The Story was originally written by Pastor Rick Brown of Christbridge Fellowship in Tomball, Texas. Chapter 30

Methodist Men’s monthly breakfast this coming Sunday, August 28th starting at 8:00 a.m. in the Fellowship Hall. All men are welcome! Join us for breakfast, devotion, and fellowship.



Enjoy singing? Here is your chance to join the chancel choir! The first practice of the new choir season will be Wednesday, September 7th starting at 6:45 p.m. downstairs in the choir room. The chancel choir will sing

on Sunday, September 11th during the service. The choir warms up at 8:30 a.m. each Sunday morning in the choir room.

“You may not be where you want to be, but thank God you’re not where you used to be!”

Volunteers Needed



First United Methodist Church

Please wear your name tag on Sunday mornings

Church Office Hours

**** Children & Jr.-Sr. High Sunday School 10:15**
Questers (Adults) 10:30

****Chancel Choir –**
 Wednesdays, 6:45 p.m.
 Sunday 8:30 a.m.

****Sunday School & Choir only during the school year.**

The front door to the church will be unlocked during office hours and closed only for errands and lunch.

Monday
 9:00-11:00
 12:00-3:00

Tuesday
 9:00-11:00
 12:00-3:00

Wednesday
 CLOSED

Thursday
 9:00-11:00
 12:00-3:00

Friday
 9:00-11:00
 12:00-3:00

Please continue to call in advance if you need in the church to make sure someone is in the office. If you reach the answering machine please leave your name, number, and a brief message and your call will be returned. Calls after 2:00 p.m. may be returned the next business day.



According to 2Corinthians, what did all the promises of God find in Jesus Christ?

- a) their hope
- b) their eyes
- c) their no
- d) all of the above

Why did Moses name his first son Gershom? For he said...

- a) God is with us
- b) I have been a sojourner in a foreign land
- c) the Lord saw my sorrow
- d) I have fought and won

How many elders fell down and worshiped Him who lives forever and ever?

- a) 7
- b) 9
- c) 12
- d) 24

Check page 4 for answers in next week's booster

Birthdays and Anniversaries



- 28th – Pat Perkins, Marcia Goodrich Volker
- 29th – Buck & Sally Mueller, Glen and Tammy Braymen, Al & Phyllis Moore
- 30th – Lexa Dunkeson, Annalise McIntosh
- 1st – Sandy Bailey, Charles Hall, Kris & Jodi Anderzhon, Todd & Mandy Maher
- 2nd – Bob Burchett
- 3rd – Ed Bonefas, Dave Lashier

**Shenandoah First United
Methodist Church**

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Shenandoah, IA 51601

Phone 712-246-2081

Church E-mail
office@shen.church

Same address – a new look at
<https://shen.church>



<https://shenchurch.onechurchsoftware.com/>



United Methodist Church,
Shenandoah, IA

<https://www.facebook.com/methodist.church.shenandoah>



Services are now on our Youtube
channel only. <http://bit.ly/3skF0p9>

*Prelude/Postlude/Accompanist: **Terry Stafford**

Call to Worship

Leader: Come and sit with me; we shall study the Word.

People: Together we shall read and understand.

L: Come and kneel with me; we shall break the bread.

P: Together we shall eat and be satisfied.

L: Come and walk with me; we shall part the waters.

P: Together we shall risk, and behold, we shall be changed.

**“Into the Wilderness:
Renew through Open Doors”**

Old Testament Reading: None

New Testament Reading: Acts 16:11-15

Third Scripture Reading: Acts 8:26-40

Songs

Here I Am Lord #593 (Hymnal)

I'm Gonna Live So God Can Use Me #2053 (Black Book)

Shine Jesus Shine #2173 (Black Bo)

They'll Know We Are Christians By Our Love #2223 (Black Book)

Last Week's Attendance

In-Person Worship – 81

Online Worship – Youtube 0

Our Mission:

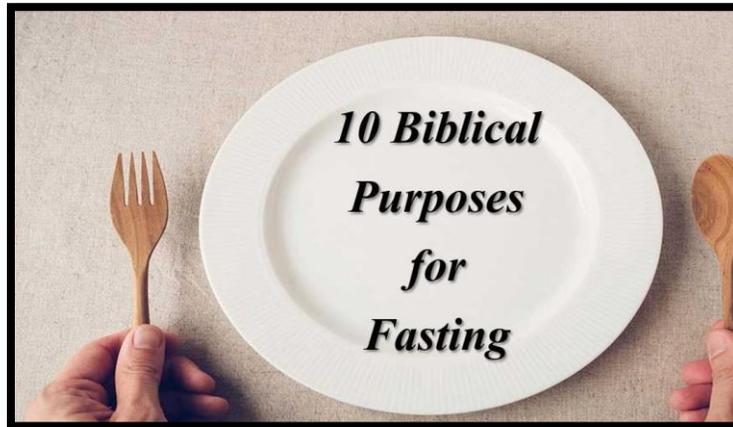
“Know & Serve God by Sharing Christ's Love.”

Our Vision:

“We will grow in holiness, our community will thrive, & we will make a difference in our world.”

Answers for August 21st are a) Jabin c) copy the law d) All of the above

Quiz Hints – Q1 2Corinthians Q2 Exodus Q3 Revelation



Throughout the Bible we most often find God's people turn to fasting as the natural, inevitable response to a grievous sacred moment in life, such as death, sin, and tragedy. But other times a fast is not a spontaneous reaction and we have time to prepare to respond both physically and spiritually.

Fasting is not an end unto itself, but a means of focusing our minds and bodies for a spiritual reason. Whenever you fast, do so for a reason that is mentioned or modeled in the Bible. Here are ten primary purposes for fasting mentioned in Scripture: ¹

1. To strengthen prayer (e.g., see [Ezra 8:23](#))

Numerous incidents in the Old Testament connect fasting to prayer, especially intercessory prayer. Fasting does not change whether God hears our prayers, but it can change our praying. As Arthur Wallis says, "Fasting is calculated to bring a note of urgency and importunity into our praying, and to give force to our pleading in the court of heaven." ²

2. To seek God's guidance (e.g., see [Judges 20:26](#))

As with prayer, fasting to seek God's guidance isn't done to change God but to make us more receptive to his guidance.

3. To express grief (e.g., see [1 Samuel 31:13](#))

Expressing grief is one of the primary reasons for fasting. Ever notice that when you're moved to tears by grief you lose the urge to eat? When we grieve, our family and friends often have to plead with us to eat because our body's appropriate response to grief is too fast. A prime example occurs in [2 Samuel 1:12](#), where David and his men are described as having "mourned and wept and fasted till evening" for their friends, their enemies, and their nation.

4. To seek deliverance or protection (e.g., see [2 Chronicles 20:3 – 4](#))

Another common reason for fasting in the Old Testament was to seek deliverance from enemies or circumstances. In Scripture, this type of fast is generally carried out with other believers.

5. To express repentance and a return to God (e.g., see [1 Samuel 7:6](#))

This type of fasting helps us to express grief over our sins and shows our seriousness about returning to the path of godly obedience.

6. To humble oneself before God (e.g., see [1 Kings 21:27 – 29](#))

“Remember that fasting itself is not humility before God,” reminds Donald Whitney, “but should be an expression of humility.”³

7. To express concern for the work of God (e.g., see [Nehemiah 1:3 – 4](#))

As with Nehemiah, fasting can be a tangible sign of our concern over a particular work God is doing.

8. To minister to the needs of others (e.g., see [Isaiah 58:3 – 7](#))

We can use the time we’d normally spend eating too fast and minister to others.

9. To overcome temptation and dedicate yourself to God (e.g., see [Matthew 4:1 – 11](#))

Fasting can help us focus when we are struggling with particular temptations.

10. To express love and worship for God (e.g., see [Luke 2:37](#))

Fasting can show, as John Piper says, that “what we hunger for most, we worship.”⁴

How should we equip ourselves when God calls us to “declare a holy fast”? Here are some things to consider as you prepare for fasting:

Pray and confess your sins

A necessary step before fasting is to humble yourself before God (see [Psalm 35:13](#)) and confess your sins (see [1 Samuel 7:6](#)). Prayer should be our sustenance throughout the fast, but we must begin the fast with a contrite heart.

Turn to Scripture

Spend additional time meditating on God’s Word, before and during the fast.

Keep it secret

Fasting is unbiblical and even spiritually harmful when we do it to show off our spirituality (see [Matthew 6:16 – 18](#)) or when we focus more on our fasting than on the clear needs of others (see [Isaiah 58:1 – 11](#)). Don’t boast about your fast; tell people you won’t be eating only if necessary. Fasting should not be done when imposed for false motives (see [1 Samuel 14:24-30](#)).

Prepare your body

Fasting, especially for days or weeks, can have unexpected and even detrimental effects on your health. There is no scriptural warrant for harming yourself to undergo a fast. Be sure to consult a doctor before starting any fasting regimen to make sure you can fast healthily.

Fasting is an appropriate bodily reaction to the grievous state of our soul. If it is done correctly you can expect many results, including growing closer to God, feeling more solidarity with those who suffer, and increasing self-control.

For Reflection

Rather than wondering whether you should fast, ask why you would want to miss out on the Father's reward.

¹Donald Whitney, *Spiritual Disciplines for the Christian Life* (Colorado Springs, CO: NavPress, 2014).

²Arthur Wallis, *God's Chosen Fast* (Fort Washington, PA: CLC Publications, 1993).

³Whitney, *Spiritual Disciplines*.

⁴John Piper, *A Hunger for God* (Wheaton, IL: Crossway, 1997).

Devotional drawn from the [NIV Lifehacks Bible ebook](#).



Join us this Sunday, August 28 for a Blessing of the Backpacks! This is a way for us to pray for and bless our students and educators in the new school year. If you are going to be a student, teacher, staff, or administrator, bring your backpacks, messenger bags, briefcases, tote bags, purses, fanny packs, and any other bags or packs you use.



Elementary, Jr./Sr. High (7-12), and Questers Sunday School will begin on Sunday, September 11th after church service. Bring a friend and learn & grow together with

This week, we mark the beginning of a new school year. For many, this is an exciting time of new beginnings. New classes. New clothes. Getting back together with friends. Teachers and staff are reminded of their vocation and calling as students fill their classrooms again. This Sunday we will bless our students and educators, but a blessing from a church should be more than words.

Blessing our educators might mean vocalizing our support of them and ensuring they have the resources they need to teach, care for, and guide our children.



What does it mean for the church to bless the parents; parents who are exhausted and probably nervous wrecks? It might mean finding ways to provide spaces of rest. It might mean giving meaningful words of encouragement. It might mean listening to them as they work out their faith as a family and in a relationship with the church.

For our students, it might be as simple as listening to them and giving them the space they need to ask questions that we have never asked. It might mean taking some pressure off of them and allowing them to just be kids. Our students have grown up with government officials letting them down, church leaders letting them down, and family members letting them down. Can we be a church that blesses our students by saying “I support you” even if I would make a different decision, or don’t understand the music you listen to? “I support you and value you for who you are.”

Here is part of the blessing that will be offered this Sunday: Live without fear: your Creator has made you holy, has always protected you, and loves you just as are. Go in peace to follow the good road and may God’s blessing be with you always. Amen. Pastor David B. Clark



____/____/____
Today's date

Name

I'm NEW here!

Address

City State ZIP

Email Address

()

Preferred Phone Number

We'd love to chat! How would you prefer to be contacted?

- Give me a call
- Text me
- Drop me an email
- Visit me at home

Please place completed cards in the offering plate.



- I am a first time guest
- I am a returning guest.
- I am a regular attendee
- I am a member.

I am interested in...

- Accepting Jesus Christ as my savior.
- Deepening my faith.
- Experiencing baptism.
- Joining the church.
- Learning more about the Methodist church.
- Joining a Bible Study or other small group.
- Youth programming.
- Musical opportunities.
- Church leadership.

Dear Pastor,

Please place completed cards in the offering plate.

Connection Cards

In each pew, you will find a connection card. We encourage you to fill this card out and drop it in the collection boxes on your way out after church service. You can write a note to the pastor, indicate how you would like to be contacted, what your interest might be (for example joining the church), is someone a guest that you brought with you. We want to keep in touch! Maybe you have just simply changed your address, phone number, or email address and want to have it updated.

If you are a subscriber to OneChurch you can update your information at any time. You log in and make the changes. Do we have your address, phone number, birthday, or anniversary date? If you have changes and need help updating the information, please feel free to call the office.

Prayer Request Card

Do you have a prayer request that you would like to share with the congregation or pastor? Have you had an answer to prayer? Have you or a family member had an accomplishment you would like to share? If you have answered yes to any of these, you are encouraged to fill out a prayer request card and place it in the offering box. The cards are either green or yellow and can be located on top of the offering boxes, in the pews, on the Welcome Center table, or by asking an usher. There is power in prayer!

Prayer Request	
Name of the person for whom you are requesting prayer:	Answered Prayer(s)
_____	_____
My prayer concern/prayer of thanks is:	_____
_____	_____
_____	_____
_____	_____
Please check one:	Member, Family, & Friends Accomplishments
<input type="checkbox"/> Please keep this confidential.	_____
<input type="checkbox"/> You may share this person's name in our prayer listing in the worship service	_____
Name of the person requesting prayer (optional):	_____
_____	_____
Please place this card in the offering plate, place it in the wooden giving boxes, or to an usher.	_____



Thanks to one of our members we will continue to use One Call Now for another year. One Call Now is a software program designed for sending mass messaging to our members. It provides easy access to text messages, emails, and voice messages. Many of you are already enrolled in this program and received messages about special events in the church. If you are not signed up for this service please contact Jeff and he will help you get started. You have the choice of how you receive your messages, either by text, email, or phone call. This system is designed to help keep you updated and informed of events in the church (for example a church luncheon, or a prayer request). If you are enrolled you can also be assigned to groups and receive messages specifically for that group (men's and women's group, prayer team, choir member). You may opt out of this program at any time that you wish.



The United Faith Church of Sidney will be hosting the Divinity Trio in concert on Saturday, September 10th at 7:00 p.m. They want to extend an invitation to anyone that might have an interest in coming to the concert. The church is located at 1975 U.S. Hwy 275. This is a free-will offering. If you should have further questions you may call 712-374-2521. If you would like to know more about the Divinity Trio go to www.divinitytrio.com.